



The Garden Journal Pack

*A full season of tracking pages,
ready to print*



grown with love

soilandsporesociety.com



What to do first

Print this pack and keep it where you grow. One pack per season. Write in pen. Cross things out. This is a working journal, not a pretty one.

1. Fill in the planting log on page 3 the day each plant goes in.
2. Plan your feeding schedule on page 4 before you mix anything.
3. Check in every week on pages 5 to 12. Same day each week works best.
4. At harvest, fill in the harvest notes on page 13.
5. When the season ends, read it all and write what you will change.

Why write it down

The season is only a lesson if you write it down. The growers who write it down learn it twice.



The planting log

One row per plant. Start every season here so you always know what is where.

Strain	Date planted	Medium	Notes



The feeding schedule

Plan the season in one glance. Write it down before you mix anything.

Week	Feed	Amount	Notes



Week 1 check in

Write down where each plant lives today. Future you will thank present you.

Date _____

Height _____

Water _____

Feed _____

Observations



Week 2 check in

Measure height from the soil line so your numbers stay comparable.

Date _____

Height _____

Water _____

Feed _____

Observations



Week 3 check in

Note the weather or tent temp. Patterns hide in the boring details.

Date _____

Height _____

Water _____

Feed _____

Observations



Week 4 check in

Sketch one leaf. You will be amazed comparing it to week 8.

Date _____

Height _____

Water _____

Feed _____

Observations



Week 5 check in

Write what you fed and how much before you mix, not after.

Date _____

Height _____

Water _____

Feed _____

Observations



Week 6 check in

Smell your plants today and write one word for it.

Date _____

Height _____

Water _____

Feed _____

Observations



Week 7 check in

Photograph each plant from the same spot every week.

Date _____

Height _____

Water _____

Feed _____

Observations



Week 8 check in

Read your week 1 notes. Notice how far you have come.

Date _____

Height _____

Water _____

Feed _____

Observations



Harvest notes

The finish line. Weigh everything wet, then weigh again when dry. Both numbers teach you something.

Harvest date _____

Wet weight _____

Dry weight _____

Keepers, the ones I will grow again

What I will change next time

Every season teaches you something. The growers who write it down learn it twice.